



Name (print) _____

Date _____

Service Learning Activity

Name of Supervisor

Student Signature

The Importance of Reflection in Service Learning

Now that you have completed your Service Learning project you are ready to write a description of your activity. Reflection happens before, during and after your service experience to encourage you to evaluate personal, social and civic issues related to your world and its connections to public policy and civic life.

Reflection is simply another word for learning. What distinguishes it from some other forms of learning is that reflection grows out of experience.

Critical reflection provides you with the opportunity to examine and question your beliefs, opinions, and values. It involves observation, asking questions, and putting facts, ideas, and experiences together to derive new meaning and new knowledge.

Reflection is a process designed to promote the examination and interpretation of experience and the promotion of cognitive learning. It is the process of looking back on the implications of actions taken - good and bad - determining what has been gained, lost, or achieved, and connecting these conclusions to future actions and larger societal contexts.

Reflection is an essential process for transforming experiences - gained from the service activities and the course materials - into genuine learning.

Sources:
 Post-Service Reflection (Chicago Public Schools)
 Service Learning Reflection Form (Guilford County Schools)
 Service Learning Activity Hours Verification and Reflection Form (Baltimore County Public Schools)
 Service Reflection Toolkit (Northwest Service Academy, Portland, Oregon)
[The Complete Guide to Service Learning](#), Cathryn Berger Kaye, Free Spirit Publishing, 2004

This completed form must be returned to the Service Learning Coordinator (Mr. Giansante or Ms. Lopez Fernandez) within 14 days from the time the service is complete.

Reflection to be completed by Student

If you need additional space please attach a separate sheet.

Tell why you chose to do this project. What community need were you attempting to meet?

What were your responsibilities and what did you actually do?

What skills and knowledge did you acquire through this experience?

How did your service impact your school or community? How do you know?

How did this experience help you to better understand your responsibilities and roles as a citizen?

How did this experience help you better understand ideas or subjects you have been studying?

Give an example of how "Be the Change" changed you. Comment on at least two character traits you have further developed during this experience.

How will you use what you learned in other situations?

Would you select this project again? Why or why not?

Post-Service Reflection Essay

On the back page, answer ONE of the following:

1. Based on your Service Learning experience, discuss the problems that your project / placement site addressed. What do you think might be a good way to solve the problems that your service organization addresses? How did you address these issues during your project? Did your project address a symptom or a root cause?
2. Did you take risks or did you play it safe during this experience? Were you challenged? Did you grow in any way? Did this experience impact the way that you see yourself or the world?
3. What was the best experience during your Service Learning project? What was the worst experience? How would you approach this project or another project differently next time?